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# Introducing CaféWell

State of New Jersey's partner rewarding you for taking charge of your health



## Have Fun Getting Fit

Get involved in fitness activities designed to help you feel better and lose weight.

## Talk Openly with Health Coaches

Get support from experts who can answer questions and provide motivation.

## Connect with Your Peers

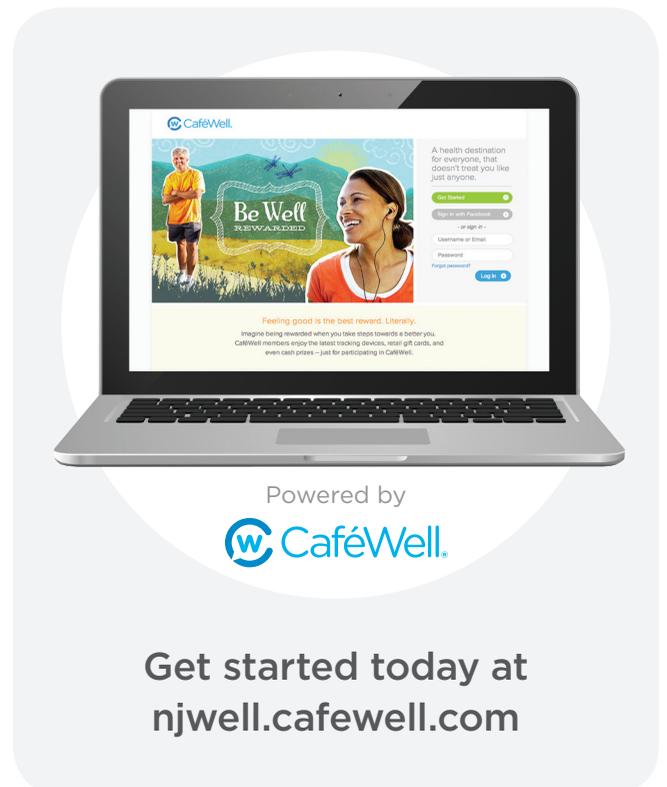
Chat with other individuals who are taking charge of their health, too.

## Be Secure

Manage your health concerns in a totally secure and private environment.

## Use Anytime and Anywhere

Access CaféWell whenever you want—from our intranet, a laptop, or your mobile device.



Get started today at  
[njwell.cafewell.com](http://njwell.cafewell.com)

**EARN REWARDS FOR MEETING  
YOUR HEALTH GOALS!**